

**Carers' Development and Commissioning Strategy
Delivery Plan 2009 – 2012**

Integrated & personalised services: Carers will be respected as expert care partners and will have access to the integrated and personalised services they need to support them in their caring role.

Provide and further develop appropriate, good quality information
Information Prescriptions Website will hold and manage all relevant, up to date health and social care information for the city, staff appointed in council and PCT to manage this
Information Sharing Policy Implementation
In place with SPFT
Develop equality of access to services for all carers through targeted information and outreach work across all communities underrepresented in statutory and provider services
Carer Awareness workshop to be delivered to all Gateway organisations Carers Centre Lottery funding for BME, LGBT and other disadvantaged communities
Offer good quality, timely and proportionate outcome focused carers' needs assessments and reviews to meet National Indicator 135
Carers Contact Assessments at Access Point, Crossroads, Patched
Self Directed Support options available to carers
In place and outcome monitoring underway
End of Life Care information and support
Joint PCT and Macmillan funding to Carers Centre to provide End of Life and Bereavement support to carers in place Information Resource completed and on Information Prescriptions website
Carer involvement in the development and provision of services
Carer reps on Strategy Group; Community Engagement Gateways in place for carers through Carers Centre and Amaze
Carers involved when cared for in hospital and in planning their discharge
Carer Support in Hospital Pilot Project January –December 2010 in place, evaluation through University of Sussex LTC Carer Support Team will support hospital discharge
Provision of key workers for children and young people with special needs and their carers to ensure services and care are well integrated
Over 60 families now have a key worker, aimed at more complex situations where a number of professionals involved

A life of their own: Carers will be able to have a life of their own alongside their caring role.

To extend the choice and accessibility of quality break opportunities for carers
Additional PCT funding made available for breaks
Support to carers wishing to access leisure activities
Carers Card in place

Support to carers to plan for the future
Free legal surgeries available at Carers Centre

Income & employment: Carers will be financially supported so that they are not forced into financial hardship by their caring role.

To work with partners and local employers to help carers take up and/or remain in employment.
Carers Centre have taken Flexible Working presentation to present to local employers Adult Social Care developing links with BrightonandHoveJobs.com, the local hub for the city's best jobs and employment challenges

Health & well-being: Carers will be supported to stay mentally and physically well and treated with dignity.

Access to support in NHS services
LTC Carer Support Team will be integrated with GPs and community health services
Access to advice and training
Advice available through Carers Centre, Alzheimer's Society and Patched; dementia training, Looking After Me, Mindfulness Based Cognitive Therapy, Positive Caring Back Care Support Workers will provide advice to all carers with service based at Daily Living Centre and also to support hospital discharge and access from other short term services
Access to emotional support
Male cancer carers support extended to all male carers with city council funding from autumn 2010 Emotional support available through Carers Centre, Alzheimer's Society and Patched; Counselling available to all carers through Carers Centre, Patched counselling for substance misuse carers

Young Carers: Children and young people will be protected from inappropriate caring and have the support they need to learn, develop and thrive, to enjoy positive childhoods and to achieve against all the Every Child Matters outcomes.

Identification and recognition of young carers at point of assessment of cared for person
Young carer awareness training delivered to range of teams City council funding Carers Centre to undertake needs assessments of young carers including substance misuse
Peer support through activities and group work
In place through Carers Centre
Support for young carers in schools

PCT funded Schools Worker at Carers Centre for 3 years from September 2010

